



The Connecticut Women's Consortium

Covington Curriculum Conference 2019

Trauma-Informed

Gender-Responsive

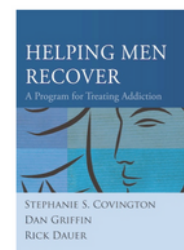
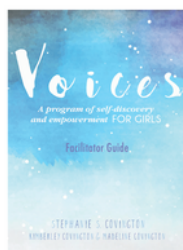
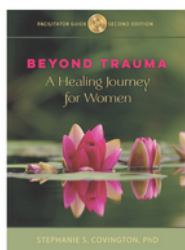
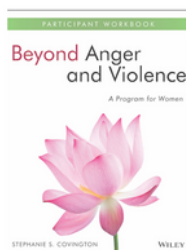
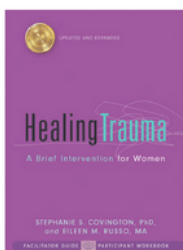
Empowerment

Recovery



Trauma, Addiction, Mental Health & Criminal Justice
Group Models for Women, Girls & Men

by Stephanie Covington, PhD



June 4 - 6, 2019
Stamford, Connecticut, United States



Hazelden
Publishing



Liberation
RECOVERY
FOR LIFE Programs



CMHA
Community Mental Health Affiliates



Trauma Recovery
EMDR HUMANITARIAN ASSISTANCE PROGRAMS®



clifford
beers



InterCommunity
Health Care for the Whole Person



PERCEPTION
PROGRAMS, INC
Creating hope ...changing lives

philosophy



WILEY



McCall Center
for Behavioral Health
prevention • recovery • community



LISA INC.
safe • supportive • empowering



COPPER BEECH
INSTITUTE

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Schedule

JUNE 4-6, 2019

MONDAY JUNE 3RD

02:45 pm - 04:25 pm	Program tours by Liberation Programs (Meet outside lobby)
02:55pm - 03:45pm	Men's Program <i>Liberation House</i>
03:15pm - 04:25pm	Women's Program <i>FIRP</i>
03:00 pm - 05:45 pm	Early Registration
05:30 pm - 06:00 pm	Networking & Film Arrival
06:00 pm - 07:30 pm	Film - Portraits of Professional CAREgivers

TUESDAY JUNE 4TH

07:00 am - 08:30 am	Registration and breakfast (Mezzanine & Ballroom Foyer)
08:30 am - 10:00 am	Gender Matters by Dr. Covington (Grand Ballroom II & III)
10:00 am - 10:30 am	Coffee break / book signing with Dr. Covington
10:30 am - 12:00 pm	Moving from Trauma-Informed to Trauma-Responsive by Dr. Covington (Grand Ballroom II & III)
12:00 pm - 01:00 pm	Lunch (Grand Ballroom II & III)
01:00 pm - 02:30 pm	Core curriculum starts <ol style="list-style-type: none">1. <i>Helping Women Recover</i> (Grand Ballroom I)2. <i>Beyond Trauma</i> (Grove I)3. <i>Voices</i> (Aspen)4. <i>Beyond Anger and Violence</i> (Glen)5. <i>Helping Men Recover</i> (Grove II)
02:30 pm - 03:00 pm	Coffee & dessert (Grand Ballroom Foyer) / Book signing (Linden)
03:00 pm - 04:30 pm	Core curriculum continues / sign-out
Optional Evening	
06:30 pm - 07:00 pm	Sign-in
07:00 pm - 08:30 pm	Gendered Justice by Dr. Covington (Grand Ballroom I) Sign-out & certificate

WEDNESDAY JUNE 5TH

07:45 am - 08:30 am	Registration and breakfast / sign-in
08:30 am - 04:30 pm	Core curriculum continues
10:00 am - 10:30 am	Coffee break
10:30 am - 12:00 pm	Core curriculum continues
12:00 pm - 01:00 pm	Lunch / special announcements (Grand Ballroom II & III)
01:00 pm - 02:30 pm	Core curriculum continues
02:30 pm - 03:00 pm	Coffee & dessert (Grand Ballroom Foyer) / Book signing (Linden)
03:00 am - 04:30 pm	Core curriculum continues / sign-out
Optional Evening	
06:30 pm - 07:30 pm	Hazelden Bookstore (Linden)
06:30 pm - 07:00 pm	Sign-in Book signing
07:00 pm - 08:30 pm	A Woman's Way through The Twelve Steps (Grand Ballroom II & III) Sign-out & certificate
08:30 pm - 09:00 pm	Book signing by Dr. Covington

THURSDAY JUNE 6TH

07:45 am - 08:30 am	Registration and breakfast / sign-in
08:30 am - 10:00 am	Brief curriculum <ol style="list-style-type: none">Women & Trauma - <i>Healing Trauma</i> (Grove I)Men & Trauma - <i>Exploring Trauma</i> (Grand Ballroom I)
10:00 am - 10:20 am	Coffee break / book signing
10:20 am - 11:20 am	Brief curriculum continues
11:20 am - 11:30 am	Break
11:30 am - 12:30 pm	Endings...and New Beginnings with Dr. Covington Sign-out
12:50 pm - 2:10 pm	Program tours by Liberation Programs (Meet outside lobby)
01:00pm - 01:50pm	Men's Program
01:00pm - 02:10pm	Women's Program

TRAUMA & GENDER

Deepen your understanding of gender responsive and trauma informed care and build your skill set at this national conference. Stephanie Covington's programs respond to the unique needs of women, men, and girls in the fields of behavioral health, addiction, mental health, trauma treatment, and criminal justice. These programs have been implemented in addiction programs, schools, correctional settings, community programs, and mental health facilities.

At the center of this conference is 1 of 5 treatment interventions that you choose for your core 2-day curriculum. These workshops are not just presentations but interactive! The therapeutic curricula you learn are designed for group programs but can be adapted to use for individual therapy or for a staff training. Stephanie Covington, Ph.D., and her certified trainers are available throughout the conference for additional guidance.

Although the emphasis is on your core curriculum, you will also be supported with additional gender responsive and trauma informed events with Dr. Covington, implementation tips, evening events and curricula, and networking with professionals from across the United States. The 2019 conference planner, The Connecticut Women's Consortium, is well known for providing education in behavioral health and has added additional activities.



1 Workbook + 1 Core Curriculum +
1 Brief Curriculum + Optional Events
Up to 18.5 Credits!

Optional

Gendered Justice: Women in the Criminal Justice System + A Woman's Way through The Twelve Steps

FOR CRIMINAL JUSTICE

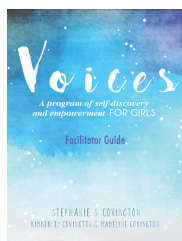
Many of Stephanie Covington's curricula have editions specifically for the criminal justice community including *Helping Men Recover*, *Helping Women Recover*, and *Beyond Violence*. *Healing Trauma & Exploring Trauma* were designed for short-term settings with correctional facilities in mind.



CORE CURRICULA

Tuesday and Wednesday

GIRLS & EMPOWERMENT VOICES



CANDICE NORCOTT & TAMMY ROTHSCHILD - "Voices: A Program of Self-Discovery and Empowerment for Girls (2nd Edition)" is designed to encourage girls and young women to find and express themselves. This training describes the world of girls, as well as provides an overview of the elements needed for creating gender-responsive services.
Aspen

WOMEN & ADDICTION

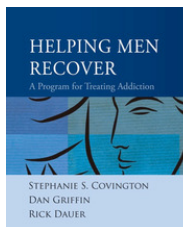
HELPING WOMEN RECOVER



CAROL ACKLEY - This newly revised training offers a comprehensive treatment model that integrates theories of addiction, women's psychological development, and trauma. Designed to give counselors, clinicians, and program administrators a basic understanding of the essential elements needed for the development of women's programs.
Grand Ballroom I

MEN & ADDICTION

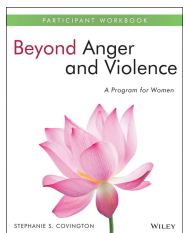
HELPING MEN RECOVER



RICK DAUER & ROBERTO RODRIGUEZ - The first gender-responsive and trauma-informed treatment curriculum for men! This 18 session program addresses male socialization in recovery, the relational needs of men, and abuse and trauma. Implementation for corrections will also be discussed.
Grove II

WOMEN & ANGER

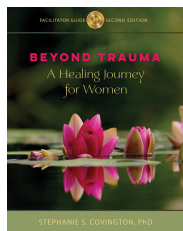
BEYOND ANGER & VIOLENCE



EILEEN RUSSO & GINA FEDOCK - A 21 session, research-based curriculum for women who are struggling with anger. *Beyond Anger & Violence* is the first manualized intervention for women that focuses on their own anger, as well as the anger and violence they may have experienced from others.
Glen

WOMEN/GIRLS & TRAUMA

BEYOND TRAUMA



TWYLA WILSON - The revised 12-session *Beyond Trauma* program for women incorporates the insights of neuroscience with the latest understanding of trauma and PTSD. Each session has also been adapted for girls. The program uses cognitive-behavioral techniques (CBT), mindfulness, expressive arts and body-oriented exercises (inc. yoga).
Grove I

General Sessions with Stephanie Covington, PhD



GENDER MATTERS

SPONSORED BY HAZELDEN

Dr. Covington creates the foundation and framework for the core of this conference. This opening presentation helps to ground the audience in the realities of the world in which they both live and work, and the violence and trauma that permeate people's lives.

The first part of the morning's presentation discusses the specifics of becoming gender-responsive and trauma-informed. Although the term "trauma-informed" resonates with many people, there often is confusion as to its meaning. This overview provides a definition and a deeper understanding of what it entails. The process of trauma and its implications for substance use and mental health disorders are described. Gender differences, how gender effects service delivery, and how gender impacts every individual will be highlighted in this opening presentation.

June 4th | 8:30am - 10:00am | Grand Ballroom II & III

MOVING FROM TRAUMA-INFORMED TO TRAUMA-RESPONSIVE

With the increasing awareness of the impact of adversity and trauma on people's lives, helping professionals are considering what this means in their various settings. While there is growing evidence documenting the impact of trauma on health, mental health and behavior, service providers often struggle with the realities of providing effective, integrated, and trauma-based services.

This presentation is an overview of the "how to" and describes resources available to assist in the process of moving from trauma-informed to trauma-responsive. Each of the core curricula of the conference and its theoretical foundation will also be described: *Helping Women Recover*, *Helping Men Recover*, *Beyond Trauma*, *Beyond Anger and Violence* and *Voices*. There are additional recommendations for trauma-specific interventions.

Interested in the book? *Moving from Trauma-Informed to Trauma-Responsive* provides program administrators and clinical directors with key resources needed to train staff and make organizational changes to become trauma-responsive. This comprehensive training program involves all staff, ensuring clients are served with a trauma-responsive approach. Books can be found at the Hazelden Bookstore set up in the Linden Room.

June 4th | 10:30am - 12:00pm | Grand Ballroom II & III

ENDINGS ... AND NEW BEGINNINGS

In this interactive closing ritual, Dr. Covington will quickly review some of the basic principles and tenets of gender-responsive and trauma-informed services as she mentions the various therapeutic trainings that each person has attended. The focus will be on the ending of this conference as a way to think about the process of closure in our lives. As we each let go of what we no longer need, what new beginnings are we creating? This session is a valuable tool to bring back to your agency or group.

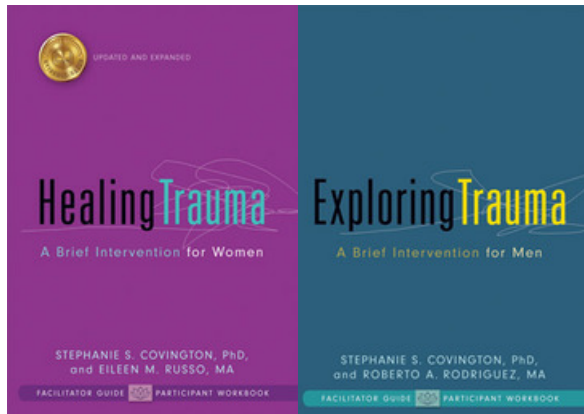
June 6th | 11:30am - 12:30pm | Grand Ballroom II & III



Brief Curricula - Thursday

On day three, you will be trained in 1 of 2 curricula designed as brief interventions for trauma. These models are shorter than your core curriculum and can help in settings such as criminal justice and other programs where longer treatment is not possible.

**These workshops do not come with a workbook. Purchase the DVD in the Hazelden Bookstore.*



Healing Trauma: A Brief Intervention for Women - Eileen Russo

A short-term adaptation of the widely used, evidence-based *Beyond Trauma: A Healing Journey for Women*. It is particularly designed for settings requiring a shorter intervention: jails, domestic violence agencies, and sexual assault services.

June 6th | 8:30 am - 11:20 pm | Grove I

Exploring Trauma: A Brief Intervention for Men - Roberto Rodriguez

A six-session trauma intervention designed to help men begin to address some of the issues specific to trauma: men's silence surrounding abuse, the impact of male socialization on men's responses, the risk of victims becoming abusers, and the need to understand men's shame and fear to explore trauma.

June 6th | 8:30 am - 11:20 pm | Grand Ballroom I

CONFERENCE OBJECTIVES

1. Define trauma informed and gender responsive
2. Describe the core values of trauma informed services
3. Understand the prevalence of trauma and historical background of trauma
4. Understand the role of gender socialization and its implications for treatment approaches
5. Demonstrate various therapeutic techniques
6. Explore the connections between addiction, trauma, and mental health
7. Develop strategies for work in criminal justice settings
8. Demonstrate physical and mental grounding exercises

EXHIBITORS & VENDORS

Albertus Magnus	Doterra Essential Oils
Amy Lane's Laundry Sauce	EMDR HAP
Aware Recovery Care	Hazelden Publishing
Blue Sky Behavioral Health	Herbal Diva, LLC
Clifford Beers	Kids Peace
Community Mental Health Affiliates (CMHA)	Mental Health Connecticut
Continuum of Care	Independence Center
Copper Beech Institute	New Reach
Darlene Designs	Rose Marie's Travel, LLC
Design by Melba	Transformative Leadership Strategies (TLS)

A SPECIAL THANK YOU!

Andy Anderson	Deb Lawrence
Jillian Arbour	Linda Lentini
Christina Cicero	Shane Pugh
Alice Cunningham	Nicole Staeheli
Kim Covington	Rose Marie Spatafore
Maddy Covington	Laura Waligorski
Amy Dubenetsky	

PROGRAM TOUR BY LIBERATION PROGRAMS

An opportunity for a walk-through at two programs that currently use Covington Models. These programs utilize a diverse number of curriculum such as *Helping Men Recover* and *Healing Trauma: A Brief Intervention for Women*. Hear from Liberation Program staff and clients about the benefits of these trauma-informed models and experience how these programs are used. Choose a time for either the Women's Program, Families in Recovery Program (FIRP) or the Men's Program, Liberation House.

Monday *must have signed up before event*

3:05pm Arrive | 3:15pm - 4:25pm Women's Program | FIRP

2:45pm Arrive | 2:55pm - 3:45pm Men's Program | Liberation House

Thursday - choose 1 & sign up (limited slots)

12:50pm | 1pm - 1:50pm Men's Program

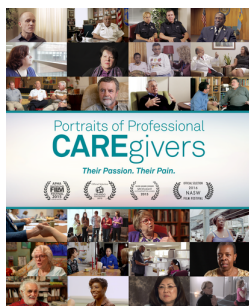
12:50pm | 1pm - 2:10pm Women's Program

*For both days, meet outside hotel lobby



You may sign up for Thursday option in conference office by Wednesday - Shippan Room
Contact: events@womensconsortium.org / (203) 231-5868

FILM: "PORTRAITS OF PROFESSIONAL CAREGIVERS"



Special viewing before the conference - open to guests and conference attendees. A documentary film based on interviews with nurses, social workers, clinical psychologists, doctors, firefighters, and first responders who rescue, assist, and help to heal the injured and traumatized —and also tell their own remarkable and often painful stories. The film takes us on a journey into a world the public rarely sees, depicting emotional costs experienced by professional care providers and probing the emotional consequences of professional public service. The film asks the question: How are professional caregivers and first responders affected emotionally and physically? Who helps them?

Monday, June 3rd | Arrival 5:45pm | Film 6:00pm - 7:30pm | Grand Ballroom I

GENDERED JUSTICE: PROVIDING TRAUMA SERVICES IN THE CRIMINAL JUSTICE SYSTEM WITH DR. STEPHANIE COVINGTON

One of the most challenging places to provide services is in a criminal justice setting. While human services are focused on care and change, justice settings are usually focused on control. This conflict in the culture often creates one of the major barriers to providing effective services. This presentation provides an overview of what can be done to make a difference in custodial settings. *Refreshments available.*

Open only to conference attendees.

This event is an extra 1.5 credits and is included in your conference registration.

Tuesday, June 4th | Sign-in 6:30pm (required for credits)

Event 7:00pm - 8:30pm | Grand Ballroom I



HAZELDEN PUBLISHING

HAZELDEN BOOKSTORE & BOOK SIGNINGS

Hazelden Bookstore is located in the Linden Room. Book signings take place in various locations including the ballroom foyer and Linden.

Tuesday

07:00am - 04:45pm Bookstore hours
12:45pm & 02:30pm Book signing with Stephanie Covington, PhD

Wednesday

07:00am - 04:45 Morning bookstore hours
10:00am & 02:30pm Book signing with Stephanie Covington, PhD
06:30pm - 08:45pm Evening bookstore hours
07:00pm Hazelden Betty Ford Foundation's Event:
A Woman's Way through the Twelve Steps (Grand Ballroom I)
08:30pm Book signing with Stephanie Covington, PhD

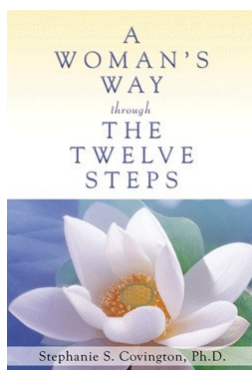
Thursday

07:00am - 10:30am Bookstore hours
10:00am Book signing with Stephanie Covington, PhD



Visit the Hazelden Bookstore online!
www.hazelden.org

A HAZELDEN BETTY FORD FOUNDATION EVENT: "A WOMAN'S WAY THROUGH THE TWELVE STEPS" WITH DR. STEPHANIE COVINGTON



The focus of this evening event is on the best-selling book, *A Woman's Way through The Twelve Steps*. The book empowers women to take ownership of their recovery and to grow and flourish in sobriety. Some of the interactive exercises from the workbook and facilitator guide will be shared. Dr. Covington will also highlight how women use the Steps and share their wisdom and inspiration. *Refreshments available.*

Two Types of Tickets

- 1) GUESTS - These tickets do not include professional credits and are open to the public.
- 2) CONFERENCE REGISTRATION - These tickets include 1.5 professional credits. Make sure to sign in and out for your certificate.

Free books! While supplies last, one per person

Bookstore and book signing are available before and after the event, come early!

Social Media & Photos

Please follow trauma-informed best practices and the Connecticut Women's Consortium privacy policy. Only photos of the trainer and staff are allowed to be taken/posted.

Families

There are coloring materials available for small children and a small area outside of the ballroom for quiet space. Children must be accompanied at all times.



Hazelden
Publishing

Premier Sponsor

Healing Arts Space



BY TOIVO CENTER, ADVOCACY UNLIMITED

De-stress and renew in the Healing Arts Space run by Advocacy Unlimited. Rise and shine with yoga or a morning walk, sign up for reiki, stop by for events, or take a break in the room with soft music and aromatherapy. **Sign-up sheets outside of Alder Room.**

TUESDAY, JUNE 4TH

- 6:30am Walk/run or yoga
Sign up for reiki or massage
- 10:00am Aromatherapy group session
- 12:30pm Laughter yoga
- 2:30pm Group acupuncture
- 4:30pm Individual reiki or massage

WEDNESDAY, JUNE 5TH

- 6:30am Walk/run or yoga
Sign up for reiki or massage
- 10:00am Aromatherapy group session
- 10:00am Individual massage
- 2:30pm Gentle movement
- 4:30pm Individual reiki or massage

THURSDAY, JUNE 6TH

- 6:30am Walk/run
- 10:00am Acupuncture and aromatherapy
Group session - must sign up

HEALING ARTS STAFF & HELPERS

Linda Lentini
Jillian Arbour
Amy Dubenetsky
Kathleen Callahan
Amy Lane
Deb Lawrence
Sharon Molloy



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www.advocacyunlimited.org

ALDER ROOM

SPEAKER BIOGRAPHIES



Stephanie Covington, PhD

Stephanie S. Covington, PhD, LCSW, is an internationally recognized clinician, organizational consultant, and lecturer. For more than thirty years her work has focused on the creation of gender-responsive and trauma-informed services. Her extensive experience includes designing women's services at the Betty Ford Center, developing programs for women in criminal justice settings, and being the featured therapist on the Oprah Winfrey Network TV show entitled *Breaking Down the Bars*. She has also served as a consultant to the United Nations Office on Drugs and Crime (UNODC) in Vienna and was selected for the Federal Advisory Committee for Women's Services (ACWS). She has published extensively, including ten gender-responsive, trauma-informed treatment curricula.

www.stephaniecovington.com

Meet Your Covington Trainers



**CANDICE
NORCOTT, PHD**
VOICES

Candice Norcott, PhD, is an Assistant Professor at the University of Chicago's School of Medicine. Dr. Norcott works in the Section for Family Planning and Contraceptive Research in the Department of Obstetrics and Gynecology where she provides gender-responsive and trauma-informed behavioral health consultation and interventions to women and adolescent girls. Dr. Norcott also participates in medical education within the Departments of Obstetrics and Gynecology, and Psychiatry and Behavioral Neuroscience, working with resident physicians, fellows, and psychology interns.



**TAMMY
ROTHSCHILD**
VOICES

Tammy Rothschild is a private consultant who specializes in gender-responsive and trauma-informed programming for women and girls. Her work over the last 15 years has been targeted on research in best practices, program development, and program assessment in addition to training and curriculum development. Ms. Rothschild co-developed the TIER (Trauma Informed Effective Reinforcement) Model, a trauma-informed behavior motivation system.



**ROBERTO
RODRIGUEZ, MA**
HELPING MEN
RECOVER &
EXPLORING
TRAUMA

Roberto Rodriguez, MA, has over 12 years experience in the treatment of substance use disorders. He has provided trauma-informed treatment in intensive outpatient and residential settings, focusing on helping adolescents, men, and their families. As a licensed alcohol and drug counselor and mental health therapist, he currently works with Family Recovery Resource Experts, providing collaborative, trauma-informed intervention and therapeutic services to struggling families.



**TWYLA
WILSON, LCSW**
BEYOND
TRAUMA

Twyla Wilson, LCSW, specializes in addiction treatment, particularly gender-responsive, trauma-informed approaches for women. Twyla is also trained as a Somatic Experiencing practitioner through the SE Trauma Healing Institute. She brings addiction awareness to this unique form of trauma healing. She has developed a specialty practice that emphasizes a compassionate holistic treatment of women with addictive disorders.



**CAROL
ACKLEY, LADC**
HELPING
WOMEN
RECOVER

Carol Ackley, LADC, retired executive director of River Ridge Treatment Center, developed and implemented gender-responsive, trauma-informed co-occurring treatment services in the Twin Cities Metro area. During her sixteen years in that position, Ms. Ackley created and supervised outpatient and residential substance abuse treatment for adults and educational services for adolescents and adults. She has also piloted and implemented all of the Covington curricula.



**EILEEN
M. RUSSO, MA**
BEYOND ANGER
AND VIOLENCE &
HEALING TRAUMA

Eileen M. Russo, M.A., is a licensed addiction counselor, a certified clinical supervisor, and a certified co-occurring disorders professional who has worked in the addiction and mental health field for the past 32 years. Ms. Russo is an Associate Professor for the Drug and Alcohol Recovery Counselor program with Gateway Community College. For the past 12 years she has served as a trainer/consultant with the Connecticut Women's Consortium.



**RICK
DAUER, LADC**
HELPING
MEN
RECOVER

Rick Dauer, LADC, a chemical health professional for over 30 years, has been an early advocate for trauma-informed and gender-responsive care. As co-author of *Helping Men Recover*, he has trained clinicians across the United States and Canada and has presented on men's issues at numerous national conferences. In addition to his training and consulting, he serves at River Ridge Treatment Centers in the Twin Cities as a clinical supervisor.



**GINA FEDOCK,
LMSW, PHD**
BEYOND
ANGER AND
VIOLENCE

Gina Fedock, PhD, LMSW, is a social worker and an Assistant Professor at the School of Social Service Administration at the University of Chicago. Her work focuses on improving women's mental health, particularly in relation to women's experiences of trauma and criminal justice involvement. She started working with Dr. Covington in 2010 and has been a trainer since 2013. She is also a co-author on multiple articles.



The Connecticut Women's Consortium

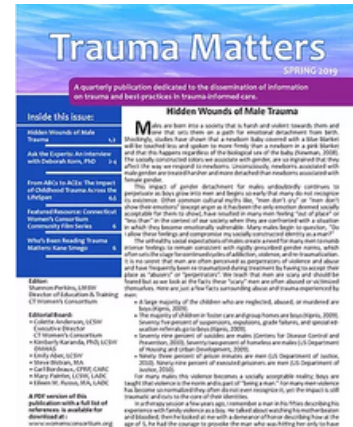
WORKSHOPS & EVENTS FOR BEHAVIORAL HEALTH

The Connecticut Women's Consortium (CWC) is a driving force in the education and training of the behavioral health community in Connecticut. Working collaboratively with nonprofits, state departments, and providers, we are committed to making sure that those providing care have the tools and support they need. We promote trauma-informed, gender-responsive care as a best practice that values understanding, empowerment, and safety for those struggling with behavioral health issues such as mental illness, addiction, and poverty.

CWC Online Courses Earn CECs from Home or Work!



www.womensconsortium.org/onlinecourses



Pick up a copy or download Trauma Matters online
www.womensconsortium.org/trauma-matters

WORKSHOPS & EVENTS | PROJECTS | BEHAVIORAL HEALTH RESOURCES

Nonprofit Since 1998
7,000 Attendees per Year | 10 Happy Staff



www.womensconsortium.org

Map



Core Curriculum Training 6/4 & 6/5

Beyond Anger & Violence - Glen

Voices - Aspen

Helping Men Recover - Grove 2

Helping Women Recover - Grand Ballroom I

Beyond Trauma - Grove 1

Brief Curriculum Training 6/6

Healing Trauma for Women - Grove 1

Exploring Trauma for Men - Grand Ballroom I

General Sessions with Dr. Covington

Grand Ballroom II & III

Optional Events

Liberation Tours - Meet Outside Lobby

CareGivers Film - Grand Ballroom I

Gendered Justice - Grand Ballroom I

A Woman's Way - Grand Ballroom I

Other Spaces

Conference Office - Shippan

Hazelden Bookstore - Linden

Healing Arts - Alder

Hilton Stamford Hotel

1 First Stamford Pl, Stamford, CT 06902

Phone: (203) 967-2222

Parking

Day 1-2 Hours \$3

Day 2-4 Hours \$6

Day 4+ Hours \$9

Day Valet \$15

Night \$9 (original \$17)

Night Valet \$23

Map

WIFI PASSWORD: HILTON2016WIFI

REGISTRATION POLICIES

Continuing Education Credits - Sign-in/Sign-out

It is your responsibility to sign in and out. Partial CE credit is not given if you arrive late, leave early or leave in the middle of your event. The 2.5-day conference is 15.5 credits, with optional events on Tuesday and Wednesday night worth 1.5 CECs each. The maximum credit hours you can receive is 18.5.

Your conference evaluation is sent electronically within a week of the conference and once filled out, you receive your CECs. Special guest eventbrite tickets to *Women's Way through the Twelve Steps* and the CAREgivers film screening do not include CECs.

Continuing Education Credits are Provided by National Association of Social Workers

- Licensed Clinical Social Workers (LCSW)
- Licensed Marriage & Family Therapists (LMFT)
- Licensed Professional Counselor (LPC)
- Licensed Clinical Psychologists (PsyD)

Connecticut Certification Board / Covers National*

- Licensed Alcohol & Drug Abuse Counselors (LADC)
- Certified Addiction Counselors (CAC)

*The Association of Addiction Professionals (NAADAC) & National International Certification and Reciprocity Consortium (IC&RC) are covered under CCB-CT

Canadian Addiction Counselors Certification Federation

Refunds

You must have notified us by May 3rd to receive a refund. Credits to the Connecticut Women's Consortium are not available for this conference.

STAMFORD, CT

In a city as spirited, lively, and diverse as Stamford, there is always something to do. The Stamford Town Center mall boasts 130 shops, there are more than 150 restaurants throughout the city, six major hotels, and 18 movie screens. Stamford has over 40 parks and recreational areas, many include access to Long Island Sound. Mill River Park has become a mini Central Park in the heart of Downtown Stamford with various events throughout the year in a beautifully landscaped park. Science and nature lovers can enjoy the Stamford Museum & Nature Center and the Bartlett Arboretum.

Stamford, Connecticut is also an ideal location for travel, being close to 7 airports large and small, and train and bus options. Stamford is only a 1-hour train ride from New York City! Take a trip after the conference to indulge in all "The Big Apple" has to offer; including museums & galleries, Broadway, restaurants and shopping galore, sports, nightlife, and so many other attractions!

training@womensconsortium.org | (203) 909-6888 x2
womensconsortium.org | covingtonconference.com

Frequently Asked Questions

HOTEL & TRAVEL

Need Help with Travel?

Rose Marie Spatafore has knowledge about transportation, day trips, fun, hotel and shuttle services. Visit her table on the Mezzanine.

Rose Marie's Travel - (203) 446-9150
rms@rosemariestravel.com

Bus & Train

Stamford Train Station - .5 miles (11 min walk)
Amtrack & MetroNorth
Peterpan Bus
Greyhound Bus

Avis Car Rental

1 (800) 331-1600 or visit website
Your Code D452176

5/29 - 6/12 Valid 7 days before & after the conference

Budget Car Rental

1 (800) 842-5628 or visit website
Your Code U022448

5/29 - 6/12 Valid 7 days before & after the conference

Airport Shuttle

GO Airport Shuttle 1-866-284-3247
Taxi or Uber

MEALS

Breakfast & lunch are provided. Coffee breaks by our sponsors are provided throughout the day and evening. There are limited discount coupons available at the registration desk for dinner at the hotel's Tavola Restaurant.

Tuesday

Continental breakfast

Lunch buffet - salad, gluten free chicken entree, vegetarian pasta, vegan veggies and rice
Assortment of homemade dessert
Evening event - coffee & cookies

Wednesday

Continental breakfast

Lunch buffet - salad, gluten free chicken entree, vegetarian pasta, vegan veggies and potato
Assortment of homemade dessert
Evening event - coffee & crepes

Thursday

Continental breakfast